



# CATCH THIS

THE HILLIARD ROWING ASSOCIATION NEWSLETTER

February 2021

## Winter Workouts

The workouts continue. It's definitely evident that this off-season has been one of the most productive we've ever had in terms of developing the rowers' physical capabilities. Thank you to everyone for continuing to get your payments in promptly so we can pay the gym. We're going to go the next four weeks at the gym at the



same rate of \$75 per rower, then take the week of the 29<sup>th</sup> off for Spring Break, and then look to get back on the water for a first practice on Monday, April 5<sup>th</sup>.

## Regatta Schedule for Spring

So far, the prospective regatta schedule mentioned at the end of December is holding true. As it stands now, we look to be participating in:

- 1) The Hoover Sprints on April 17<sup>th</sup> in Westerville.
- 2) The Indianapolis Invitational on May 1<sup>st</sup>.
- 3) The Midwest Junior Rowing Championships in Bethel, OH on May 15<sup>th</sup>.
- 4) The Indy Summer Sprints in Indianapolis on June 19<sup>th</sup>.
- 5) The Michigan Club Invitational in Ann Arbor on July 31<sup>st</sup>.
- 6) The Midwest Summer Sprints in Nashport, OH on August 7<sup>th</sup>.



As always, you'll receive hotel booking information for the out-of-town regattas from the club. We're continuing to stay in touch with the host clubs for all of these regattas and will update you all with any future developments. All we can do at this point is to continue to provide the best training environment for the rowers we can and be ready to go compete. With regard to competition, Coach Maddie has the discretion to decide which rowers can safely participate, given what she sees in practice. It is possible that our new novice rowers will not have had enough on-water experience to participate in The Hoover Sprints. But even if that's so, they and their families should definitely plan on being there to experience this first regatta and get the feel for everything that goes into participating in them and to cheer on their teammates.



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## Boathouse and Practice Site

This coming week Bret will be up at the Boathouse on Wednesday, Thursday and Friday, working on prepping it for Spring practice. If you're available on those days and would like a help assignment, reach out to him directly. We did a pretty good job of clean up and shut down in the Fall so there isn't a ton of work that has to be done. This month our objective is to have the electric service restored, get a new coat of paint on the steel and wood, and get the workout deck set up.



## Zoom Meeting

As announced on TeamSnap we're having an all-team and parents meeting on Tuesday, March 2<sup>nd</sup>. The login info is:

Time: Mar 2, 2021 06:00 PM

<https://us02web.zoom.us/j/9731829888?pwd=eGVaV2UzWDZoakUxeGlxV3luRGNqdz09>

Meeting ID: 973 182 9888

Passcode: Sculling

We'll be talking practices and the Spring season and answer any questions you may have.

## Coach Maddie's Message

*It's finally starting to look like spring! It's been a long winter, but I could not be more proud of the kids who have been coming to winter conditioning. We've seen many PR's drop and the strength of the entire team grow. The novices have made huge strides and are in a great spot to get on the water for racing soon. Fingers crossed that no regattas are cancelled, and we are able to show off our speed and skill! Go Hilliard!*

## Social Media Captain

Lastly, we're looking for a parent who would be willing to step forward to become our social media lead. We'll have all of the needed information compiled to make this as easy as possible. We just need a parent to run the feeds. Ideally, we can set it up so that you would post to one and they all automatically repost. If you're willing to give this a try please contact Bret.

Thanks very much for all your support of the club!

NOW BUILDING THE TEAM. JOIN US AT:  
**HILLIARDROWING.COM**